

About Us

The Transitioning and Loving Life (T.a.L.L.) group is a transsexual support group located in southeast Connecticut which is open to all transsexual people regardless of their stage in transition, as well as their friends, family, spouses, significant others and all supportive people. T.a.L.L. offers a safe and relaxed environment in which to share information about transition with each other, friends and family.

T.a.L.L. hosts a public access TV show on Metrocast cable called nlcTrans. As a live weekly call-in show, nlcTrans offers an opportunity to interact with the community and to answer questions. Past episodes are available on YouTube and via an iTunes pod cast. Links to each are available at our web site.

Support group meetings are held every other Friday. You can join the mailing list at our website to receive more details and reminders of upcoming events



Board of Directors

Stacey Dozier
Kallista Solyn
Tara Alexander

Advisors

Fr. Russ Carmichael
Renee Benoit



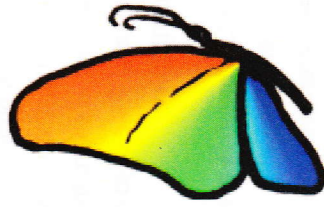
T.a.L.L.

P.O. Box 1998
New London, CT 06320

Web: <http://thetallgroup.org>
E-mail: thetallgroup@gmail.com

T.a.L.L.

Transitioning and Loving



<http://thetallgroup.org>

The Transitioning and Loving Life group is a transsexual support organization dedicated to offering information to those wishing to transition and to educating the public about issues concerning the gay, lesbian, bisexual and transgender community.



Contact Us

thetallgroup@gmail.com
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The T.a.L.L. group offers transsexual people a safe, supportive, and understanding environment to obtain information and share their experiences. Please join our mailing list to participate.

The T.a.L.L. group is available for speaking engagements, panels, etc. If you are interested in arranging an event, please contact us.

If you are interested in being a guest on the nlcTrans public access TV show, or you have a programming suggestion, please contact us. The calendar on our website indicates show times and existing bookings.

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Identity Spectrum

Biological Sex

(anatomy, chromosomes - physical sex)

Male _____ Intersex _____ Female

Gender Identity

(psychological sense of self - brain sex)

Man _____ Bigender _____ Woman

Gender Expression

(appearance and behavior vs. social norms)

Masculine _____ Androgynous _____ Feminine

Sexual Orientation

(romantic and erotic response)

Women _____ Both/None/Any _____ Men

Transsexual people have a gender identity that does not align with their biological sex. This causes great psychological and emotional stress.

Transsexual people seek to align their gender expression with their gender identity to find relief.

Frequently transsexual people will pursue hormone therapy and/or surgical procedures to further bring their expression in line with their identity.

Transsexual people, like anyone else, can fall anywhere in the sexual orientation spectrum and be heterosexual, homosexual, bisexual, pansexual, asexual, etc.

Glossary

Transsexual. Individuals who experience significant psychological and/or emotional distress due to their biological sex and gender identity not being aligned.

Sex Reassignment Surgery. (SRS) Also called Gender Reassignment Surgery (GRS) or Sex Confirmation Surgery (SCS), the phrase refers to the various surgical alterations which transsexual people may elect to undergo to bring their body in alignment with their gender identity.

Transition. A complex process that occurs over a long period of time. Transition includes some or all of the following cultural, legal, social, and medical adjustments:

- Telling one's family, friends and co-workers
- Changing one's name and/or sex on legal documents
- Adopting new social roles
- Hormone therapy
- Surgical procedures

Transgender. An umbrella term for people whose gender identity and/or gender expression differs from the gender role they were assigned at birth.